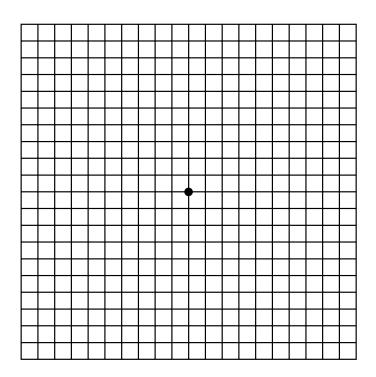


Monitor your Sight Matters vision with this **Amsler Grid**



To use the Amsler Grid:

- Wear your eyeglasses or contact lenses
- Hold grid at comfortable reading distance
- Cover one eye at a time
- Stare at center dot; do not let your eye drift

Contact your eye doctor immediately if:

- A straight line appears wavy or bent
- A box differs in size or shape
- Any area is missing, blurry, or discolored

